

## Approved GEJFA HFHS Coaches Certification

### GEJFA Reps,

We no longer require coaches to complete USA Football Certification, but they must still complete training in the following topics:

- Concussion awareness and procedures
- Sudden Cardiac Arrest awareness and procedures
- Heat Illness Prevention
- GEJFA Rules
- Equipment fitting

I do know that NYSCA has some training in these topics. Some of the Clubs will be using NFHS Learn. These are the certifications our coaches will be required to complete:

1. **Heat Illness Prevention** (30 minutes): <https://nfhslearn.com/courses/heat-illness-prevention-2>
2. **Concussion in Sports** (30 minutes): <https://nfhslearn.com/courses/concussion-in-sports-2>
3. **Sudden Cardiac Arrest** (12 minutes): <https://nfhslearn.com/courses/sudden-cardiac-arrest>
4. **Anti-Abuse** (18 minutes): <https://nfhslearn.com/courses/protecting-students-from-abuse>
5. **Sportsmanship** (17 minutes): <https://nfhslearn.com/courses/sportsmanship-2>

These are essentially the same topics covered in the USA Football certifications but can be completed in under 2 hours versus 6+ hours. They are also free.

## Approved GEJFA USA Coaches Certification

### Coach Certification ([usafootball.com/development-training/certification](https://usafootball.com/development-training/certification))

At USA Football we believe that no coach should step on the field without being certified. This is the only cost for organizations being engaged with USA Football, and it is \$15 per coach.

- Health and Safety: Concussions, Heat/Hydration, Sudden Cardiac Arrest, Emergency Action Plans
- Coaching 101: Purpose of a Coach, Being a Role Model, Communicating with Kids
- Anti-Abuse Training: Signs of Abuse and Reporting
- Football Development Model: Age-Appropriate Training (Physical, Mental, Technical, Tactical)
- Youth Contact (tackle coaches only): Shoulder Tackling, Blocking/Defeating Blocks, Equipment Fitting

With certification coaches gain access to our Coach Planner app, 16 age-based Football Development Model videos, 325+ Game Type plays, 250+ drills, 48 pre-made practice plans and more.