

# Greater Eastside Junior Football Association (GEJFA)

## The Makeup of Organization GEJFA

Under the umbrella of Bellevue Boys and Girls Club and other Eastside Boys and Girls Clubs

Junior Football Council (JFC) 5 elected officials (non-voting) 3 Club Athletic Directors 23 Club Reps

Executive Directors Council Directors of the Bellevue, Mercer Island, and Kirkland Boys & Girls Club shall make up an Executive Directors Council having veto power.

Grievance Committee Appointed by the President and approved by the Junior Football Council

# Greater Eastside Junior Football Association (GEJFA)

## Elected/Designated Officials

Elected President

Elected First Vice President

Elected Second Vice President

Elected Secretary

Elected Treasurer

Appointed by President Scheduler

Appointed by President Officials Coordinator

Appointed by President Website

# Greater Eastside Junior Football Association (GEJFA)

## COMMUNICATIONS

Parents to Coaches

Coaches to Club

Club to GEJFA

Coaches use game reports to communicate their game results

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## SPORTSMANSHIP

- Sportsmanship is defined as:
  - playing fair
  - following the rules of the game
  - respecting the judgment of referees and officials
  - treating opponents with respect
- Some people define good sportsmanship as the "golden rule" of sports — in other words, treating the people you play with and against as you'd like to be treated yourself. You demonstrate good sportsmanship when you show respect for yourself, your teammates, and your opponents, for the coaches on both sides, and for the referees, judges, and other officials.
- But sportsmanship isn't just reserved for the people on the field. Cheerleaders, fans, and parents also need to be aware of how they behave during competition. Sportsmanship is a style and an attitude, and it can have a positive influence on everyone around you.

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## SCORE MANAGEMENT RULE

- No team will LEAD another by more than 32 points
- Start managing score early
- Teach every position to every participant
- Team down by 21 (even after scoring) can elect to receive and has choice in second half
- At 25 point differential, no kickoff; leading team starts at or inside own 20; trailing team from 50
- At the end of any play, if the team in possession of the ball is ahead by 25 or more points, and the line of scrimmage for the next play will be at or inside the 20-yard line of the trailing team, then possession is immediately given to the trailing team on the 50-yard line.
- Running clock 4<sup>th</sup> quarter or earlier by agreement – both teams get clock stopping TOs

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## SCORE MANAGEMENT RULE (cont'd) Penalty for violations

- More than 32 points on offensive score – automatic suspension
- More than 32 points on defensive score – appear before Grievance Committee before next game
- More than 38, by any situation, auto suspension
- Second violation is season suspension

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## PLAYER PARTICIPATION

### The 7 Guiding Principles of NFL Youth Programs

1. Make It Fun
2. Limit Standing Around
3. Everyone Plays
4. Teach Every Position To Every Participant
5. Emphasize The Fundamentals
6. Incorporate A Progression Of Skill Development For Every Participant
7. Yell Encouragement, Whisper Constructive Criticism

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## SUBSTITUTION RULE

- Everyone plays
- On change of possession, fullest possible change out
- Free substitution after four plays; however, on change of possession, fullest possible change out
- Free substitution after score, for PAT & kickoff; substitution rule starts again (new) at next scrimmage
- Free sub for injured player
- Minimum 12 plays; strive for equity
- Violations to Grievance Committee



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## NON-PARTICIPATING PLAYERS

- Extended injuries
- Disqualification (ejection) previous game
- Discipline
  - Club approved approach
  - Consistently and uniformly applied
- Identified on roster and at roster exchange
- On sideline without shoulder pads and helmet
- Report this into your Game Report

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## Conduct

- Guests at the High School fields
- Respect School officials and Field Managers
- All coaches complete Code of Conduct
  - Head Coach responsible for addressing conduct issues of assistant coaches, players and fans
  - Assistant coach/player/fan conduct can get Head Coach ejected or maybe just an appearance before the Grievance Committee
- If your Club hasn't already had parents sign a parent code of contact, then as a team you should do so.

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## OTHER RULE

- Player who doesn't make weight two consecutive games must move up
- Ejected coaches will appear before the Grievance Committee accompanied by their Head Coach and Club Director
- Ejected players do not appear before Grievance Committee and there is no appeal
- No hard surface casts/braces/other
- No removable cleats
- Only clear helmet shields
- Only colored mouth guards
- Kicking tees of the proper size
- Scouting Games = OK!
- Scouting by Video Games = OK!
- **Scouting Practices = NO!**
- **Scouting by Video Practices = NO!**

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## GAME REPORTS

- Team Game Report after each game is required by Saturday at 11:59PM
- GEJFA web site
- Comments on poor ratings, otherwise meaningless
- Each Team submits (Club coordinators review)
- GEJFA management also review
- Failure to submit a team game report is a violation for which the team's head coach will be automatically suspended for the team's next scheduled game. The coach may appear before the Grievance Committee
- Important tool in our program
- Populate the website scoreboard automatically
- Home team game report controls scoreboard
- Conflicting reports cause issues
- If you have problems please contact WebMaster

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## PROTESTS

- See Rule 7; in general, protests are discouraged
- Do it right or don't do it
- In writing via Club Director within 72 hours; advance notice to GEJFA President on Sunday
- Substitution Rule protests on the field
  - Communication between head coaches
  - For continued violations give notice of intent to protest; game continues; document specifics
  - Violations addressed by Grievance Committee
- Other complaints made to Council via Club Rep

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## Use the Available Tools / Coaches Check List

- GEJFA Website
  - Rules
  - Frequently asked Questions
  - Substitution Rule scenarios
  - USA Football Membership
  - Coaches Check List
- Due Now – Coaching Background Checks Online (Coaches Required)
- Due Now – USA Football Certified Coaching Education Courses (Coaches Required)
- Deadline for Background Checks (1st Day of Practice)



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**Question?**